



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Preißler, Olaf

Club: Harz-Gebirgslaufverein Wernigerode
Number: 387

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:53:37

Speed: 9.05 km/h
Running performance: 6:38 min/km

Rank in course/Total: 390 (of 581)

Rank in course/Men: 353 (of 475)

Best time in course: 1:39:32

Rank in category: 59(of 77)

Best time in the category: 1:59:26

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 18:49 | 5:42 | 36 | 4:53 | 212 | 5:45 | 3.30 | 18:49 | 5:42 | 36 | 4:53 | 212 | 5:45 |
| Schlüsie | 3.10 | 21:32 | 6:56 | 54 | 6:04 | 312 | 7:54 | 6.40 | 40:21 | 6:18 | 43 | 10:57 | 253 | 13:38 |
| Hermannsklippe | 2.60 | 19:14 | 7:23 | 53 | 5:43 | 315 | 7:50 | 9.00 | 59:35 | 6:37 | 47 | 16:31 | 285 | 21:28 |
| Brocken | 3.10 | 33:25 | 10:46 | 55 | 11:57 | 340 | 15:22 | 12.10 | 1:33:00 | 7:41 | 53 | 28:28 | 308 | 36:50 |
| Eiserner Handwe | 3.60 | 24:41 | 6:51 | 68 | 10:16 | 431 | 12:49 | 15.70 | 1:57:41 | 7:29 | 58 | 37:59 | 349 | 49:39 |
| Schlüsie | 4.10 | 23:37 | 5:45 | 67 | 9:30 | 427 | 12:03 | 19.80 | 2:21:18 | 7:08 | 60 | 46:54 | 366 | 1:01:42 |
| Loddenke | 3.10 | 17:11 | 5:32 | 63 | 5:31 | 388 | 7:52 | 22.90 | 2:38:29 | 6:55 | 60 | 52:12 | 368 | 1:09:34 |
| Ilseburg/Markt | 3.30 | 15:08 | 4:35 | 21 | 2:06 | 140 | 4:31 | 26.20 | 2:53:37 | 6:37 | 59 | 54:11 | 353 | 1:14:05 |