



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Loch, Angelika

Club: SV 1916 Beuna
Number: 310

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W65 (65-69 Jahre)

Total time: 2:53:38

Speed: 9.05 km/h
Running performance: 6:38 min/km

Rank in course/Total: 391 (of 581)

Rank in course/Women: 38 (of 106)

Best time in course: 2:08:56

Rank in category: 2(of 5)

Best time in the category: 2:51:58

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	21:15	6:26	2	0:14	41	5:27	3.30	21:15	6:26	2	0:14	41	5:27
Schlüsie	3.10	23:11	7:28	1	-	44	6:36	6.40	44:26	6:56	1	-	42	11:58
Hermannsklippe	2.60	21:03	8:05	1	-	44	6:28	9.00	1:05:29	7:16	1	-	45	18:26
Brocken	3.10	34:44	11:12	3	2:04	43	10:35	12.10	1:40:13	8:16	1	-	43	28:54
Eiserner Handwe	3.60	20:58	5:49	3	1:16	43	5:46	15.70	2:01:11	7:43	2	0:25	42	34:40
Schlüsie	4.10	19:33	4:46	2	0:21	37	4:27	19.80	2:20:44	7:06	2	0:08	41	39:07
Loddenke	3.10	14:51	4:47	1	-	24	2:44	22.90	2:35:35	6:47	2	0:01	38	41:51
Ilseburg/Markt	3.30	18:03	5:28	3	1:39	45	4:03	26.20	2:53:38	6:37	2	1:40	38	44:42