



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Scholze, Holger

Club: Niederndodeleben
Number: 456

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:53:58

Speed: 8.97 km/h
Running performance: 6:38 min/km

Rank in course/Total: 392 (of 581)

Rank in course/Men: 354 (of 475)

Best time in course: 1:39:32

Rank in category: 43(of 55)

Best time in the category: 1:53:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:50	6:18	40	7:08	331	7:46	3.30	20:50	6:18	40	7:08	331	7:46
Schlüsie	3.10	21:23	6:53	39	6:19	300	7:45	6.40	42:13	6:35	39	13:25	320	15:30
Hermannsklippe	2.60	19:28	7:29	41	6:33	329	8:04	9.00	1:01:41	6:51	40	19:49	326	23:34
Brocken	3.10	34:46	11:12	49	14:20	386	16:43	12.10	1:36:27	7:58	43	33:29	354	40:17
Eiserner Handwe	3.60	21:24	5:56	43	8:14	348	9:32	15.70	1:57:51	7:30	43	40:22	351	49:49
Schlüsie	4.10	20:53	5:05	46	8:07	361	9:19	19.80	2:18:44	7:00	42	48:29	350	59:08
Loddenke	3.10	16:30	5:19	45	5:43	357	7:11	22.90	2:35:14	6:46	43	54:01	353	1:06:19
Ilseburg/Markt	3.30	18:44	5:40	44	6:35	365	8:07	26.20	2:53:58	6:38	43	1:00:12	354	1:14:26