



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Winkler, Nicolas

Club: Einbeck
Number: 567

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:54:07

Speed: 8.96 km/h
Running performance: 6:39 min/km

Rank in course/Total: 393 (of 581)

Rank in course/Men: 355 (of 475)

Best time in course: 1:39:32

Rank in category: 30(of 36)

Best time in the category: 1:57:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:41	5:57	26	5:46	263	6:37	3.30	19:41	5:57	26	5:46	263	6:37
Schlüsie	3.10	21:56	7:04	32	7:03	339	8:18	6.40	41:37	6:30	26	12:49	291	14:54
Hermannsklippe	2.60	19:23	7:27	31	6:32	326	7:59	9.00	1:01:00	6:46	29	19:21	311	22:53
Brocken	3.10	34:38	11:10	34	13:30	384	16:35	12.10	1:35:38	7:54	32	32:51	345	39:28
Eiserner Handwe	3.60	22:15	6:10	31	8:35	376	10:23	15.70	1:57:53	7:30	31	40:02	352	49:51
Schlüsie	4.10	20:32	5:00	31	7:27	342	8:58	19.80	2:18:25	6:59	31	44:42	348	58:49
Loddenke	3.10	17:04	5:30	30	5:54	380	7:45	22.90	2:35:29	6:47	31	50:36	355	1:06:34
Ilseburg/Markt	3.30	18:38	5:38	31	5:57	361	8:01	26.20	2:54:07	6:38	30	56:33	355	1:14:35