



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Maier, Sebastian

Club: Harzer Keiler e.V.  
Number: 1193

Course: 26.20 km  
26,2 km - Lauf

Category:  
Männer (20-29 Jahre)

Total time: 2:55:05

Speed: 8.98 km/h  
Running performance: 6:41 min/km

Rank in course/Total: 398 (of 581)

Rank in course/Men: 359 (of 475)

Best time in course: 1:39:32

Rank in category: 31(of 36)

Best time in the category: 1:57:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:46	6:35	33	7:51	395	8:42	3.30	21:46	6:35	33	7:51	395	8:42
Schlüsie	3.10	22:17	7:11	35	7:24	355	8:39	6.40	44:03	6:52	33	15:15	371	17:20
Hermannsklippe	2.60	19:55	7:39	33	7:04	351	8:31	9.00	1:03:58	7:06	33	22:19	368	25:51
Brocken	3.10	31:50	10:16	30	10:42	295	13:47	12.10	1:35:48	7:55	34	33:01	348	39:38
Eiserner Handwe	3.60	22:42	6:18	32	9:02	387	10:50	15.70	1:58:30	7:32	32	40:39	355	50:28
Schlüsie	4.10	22:35	5:30	33	9:30	413	11:01	19.80	2:21:05	7:07	32	47:22	365	1:01:29
Loddenke	3.10	16:46	5:24	29	5:36	366	7:27	22.90	2:37:51	6:53	32	52:58	366	1:08:56
Ilseburg/Markt	3.30	17:14	5:13	26	4:33	301	6:37	26.20	2:55:05	6:40	31	57:31	359	1:15:33