



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Erdmann, Gerhard

Club: Rübeland
Number: 129

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:55:08

Speed: 8.91 km/h
Running performance: 6:41 min/km

Rank in course/Total: 399 (of 581)

Rank in course/Men: 360 (of 475)

Best time in course: 1:39:32

Rank in category: 26(of 40)

Best time in the category: 2:17:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:43	6:34	30	4:54	390	8:39	3.30	21:43	6:34	30	4:54	390	8:39
Schlüsie	3.10	23:29	7:34	28	5:00	399	9:51	6.40	45:12	7:03	30	9:13	394	18:29
Hermannsklippe	2.60	20:25	7:51	23	4:51	364	9:01	9.00	1:05:37	7:17	29	13:49	394	27:30
Brocken	3.10	34:30	11:07	24	9:17	383	16:27	12.10	1:40:07	8:16	25	23:06	383	43:57
Eiserner Handwe	3.60	20:53	5:48	28	5:17	336	9:01	15.70	2:01:00	7:42	26	26:43	372	52:58
Schlüsie	4.10	19:37	4:47	26	4:33	302	8:03	19.80	2:20:37	7:06	27	30:35	361	1:01:01
Loddenke	3.10	15:37	5:02	25	2:51	312	6:18	22.90	2:36:14	6:49	26	33:26	359	1:07:19
Ilseburg/Markt	3.30	18:54	5:43	30	4:31	371	8:17	26.20	2:55:08	6:41	26	37:49	360	1:15:36