



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

String, Fridolin

Club: Stader SV
Number: 500

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:56:01

Speed: 8.86 km/h
Running performance: 6:43 min/km

Rank in course/Total: 404 (of 581)

Rank in course/Men: 364 (of 475)

Best time in course: 1:39:32

Rank in category: 32(of 36)

Best time in the category: 1:57:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:49	5:42	18	4:54	212	5:45	3.30	18:49	5:42	18	4:54	212	5:45
Schlüsie	3.10	20:12	6:30	22	5:19	228	6:34	6.40	39:01	6:05	22	10:13	216	12:18
Hermannsklippe	2.60	18:25	7:05	27	5:34	269	7:01	9.00	57:26	6:22	23	15:47	232	19:19
Brocken	3.10	34:04	10:59	32	12:56	369	16:01	12.10	1:31:30	7:33	28	28:43	293	35:20
Eiserner Handwe	3.60	21:36	6:00	29	7:56	355	9:44	15.70	1:53:06	7:12	28	35:15	302	45:04
Schlüsie	4.10	20:08	4:54	28	7:03	320	8:34	19.80	2:13:14	6:43	28	39:31	309	53:38
Loddenke	3.10	19:36	6:19	35	8:26	441	10:17	22.90	2:32:50	6:40	30	47:57	333	1:03:55
Ilseburg/Markt	3.30	23:11	7:01	35	10:30	449	12:34	26.20	2:56:01	6:43	32	58:27	364	1:16:29