



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Dr Hafner, Oliver

Club: VfL Bückeberg
Number: 1198

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:56:28

Speed: 8.91 km/h
Running performance: 6:44 min/km

Rank in course/Total: 405 (of 581)

Rank in course/Men: 365 (of 475)

Best time in course: 1:39:32

Rank in category: 45(of 59)

Best time in the category: 2:07:29

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:18	6:45	49	6:26	410	9:14	3.30	22:18	6:45	49	6:26	410	9:14
Schlüsie	3.10	22:37	7:17	43	6:00	365	8:59	6.40	44:55	7:01	46	12:26	391	18:12
Hermannsklippe	2.60	19:55	7:39	44	5:21	351	8:31	9.00	1:04:50	7:12	46	17:47	382	26:43
Brocken	3.10	30:18	9:46	24	5:51	246	12:15	12.10	1:35:08	7:51	41	23:38	335	38:58
Eiserner Handwe	3.60	25:15	7:00	56	10:22	440	13:23	15.70	2:00:23	7:40	46	34:00	366	52:21
Schlüsie	4.10	24:33	5:59	55	9:46	437	12:59	19.80	2:24:56	7:19	47	43:31	389	1:05:20
Loddenke	3.10	15:46	5:05	38	3:34	321	6:27	22.90	2:40:42	7:01	47	47:02	384	1:11:47
Ilseburg/Markt	3.30	15:46	4:46	20	1:58	206	5:09	26.20	2:56:28	6:44	45	48:59	365	1:16:56