



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Wolters, Hans-Hermann

Club: Padlooper Völlenerfehn
Number: 574

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:56:39

Speed: 8.90 km/h
Running performance: 6:44 min/km

Rank in course/Total: 406 (of 581)

Rank in course/Men: 366 (of 475)

Best time in course: 1:39:32

Rank in category: 46(of 59)

Best time in the category: 2:07:29

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:51	6:37	47	5:59	400	8:47	3.30	21:51	6:37	47	5:59	400	8:47
Schlüsie	3.10	21:52	7:03	39	5:15	335	8:14	6.40	43:43	6:49	42	11:14	362	17:00
Hermannsklippe	2.60	18:56	7:16	35	4:22	301	7:32	9.00	1:02:39	6:57	40	15:36	342	24:32
Brocken	3.10	33:53	10:55	46	9:26	358	15:50	12.10	1:36:32	7:58	43	25:02	356	40:22
Eiserner Handwe	3.60	22:34	6:16	45	7:41	381	10:42	15.70	1:59:06	7:35	44	32:43	358	51:04
Schlüsie	4.10	21:31	5:14	46	6:44	386	9:57	19.80	2:20:37	7:06	44	39:12	361	1:01:01
Loddenke	3.10	17:04	5:30	49	4:52	380	7:45	22.90	2:37:41	6:53	45	44:01	364	1:08:46
Ilseburg/Markt	3.30	18:58	5:44	48	5:10	375	8:21	26.20	2:56:39	6:44	46	49:10	366	1:17:07