



49. Brockenlauf Ilseburg / 07.09.2019

Detailed evaluation

Wojciechowski, Cornelia

Club: SV Kyffhäuser
Number: 571

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 2:56:44

Speed: 8.89 km/h
Running performance: 6:45 min/km

Rank in course/Total: 408 (of 581)

Rank in course/Women: 41 (of 106)

Best time in course: 2:08:56

Rank in category: 4(of 11)

Best time in the category: 2:12:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	21:15	6:26	5	3:29	41	5:27	3.30	21:15	6:26	5	3:29	41	5:27
Schlüsie	3.10	23:03	7:26	4	5:49	39	6:28	6.40	44:18	6:55	4	9:18	41	11:50
Hermannsklippe	2.60	20:25	7:51	3	5:08	34	5:50	9.00	1:04:43	7:11	4	14:26	39	17:40
Brocken	3.10	32:54	10:36	4	8:45	27	8:45	12.10	1:37:37	8:04	4	23:11	37	26:18
Eiserner Handweg	3.60	22:01	6:06	5	6:19	54	6:49	15.70	1:59:38	7:37	4	29:30	37	33:07
Schlüsie	4.10	20:10	4:55	5	5:00	46	5:04	19.80	2:19:48	7:03	4	34:30	37	38:11
Loddenke	3.10	16:51	5:26	5	4:13	56	4:44	22.90	2:36:39	6:50	4	38:43	39	42:55
Ilseburg/Markt	3.30	20:05	6:05	7	5:55	76	6:05	26.20	2:56:44	6:44	4	44:38	41	47:48