



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Markowsky, Günter

Club: Rumelner TV
Number: 325

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 2:57:17

Speed: 8.87 km/h
Running performance: 6:46 min/km

Rank in course/Total: 411 (of 581)

Rank in course/Men: 369 (of 475)

Best time in course: 1:39:32

Rank in category: 7(of 15)

Best time in the category: 2:31:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:51	6:19	6	2:34	333	7:47	3.30	20:51	6:19	6	2:34	333	7:47
Schlüsie	3.10	22:47	7:20	6	3:31	368	9:09	6.40	43:38	6:49	6	5:26	356	16:55
Hermannsklippe	2.60	20:52	8:01	8	3:46	381	9:28	9.00	1:04:30	7:10	7	8:59	375	26:23
Brocken	3.10	41:07	13:15	13	14:12	461	23:04	12.10	1:45:37	8:43	11	22:19	424	49:27
Eiserner Handwe	3.60	22:49	6:20	7	4:57	389	10:57	15.70	2:08:26	8:10	11	25:56	423	1:00:24
Schlüsie	4.10	19:07	4:39	5	1:40	281	7:33	19.80	2:27:33	7:27	10	27:36	404	1:07:57
Loddenke	3.10	14:06	4:32	2	0:44	187	4:47	22.90	2:41:39	7:03	7	26:50	387	1:12:44
Ilseburg/Markt	3.30	15:38	4:44	2	0:34	192	5:01	26.20	2:57:17	6:45	7	25:41	369	1:17:45