



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Meinberg, Anke

Club: MTV Wolfenbüttel
Number: 619

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W65 (65-69 Jahre)

Total time: 2:57:51

Speed: 8.84 km/h
Running performance: 6:47 min/km

Rank in course/Total: 417 (of 581)

Rank in course/Women: 44 (of 106)

Best time in course: 2:08:56

Rank in category: 3(of 5)

Best time in the category: 2:51:58

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	23:08	7:00	3	2:07	74	7:20	3.30	23:08	7:00	3	2:07	74	7:20
Schlüsie	3.10	24:16	7:49	2	1:05	57	7:41	6.40	47:24	7:24	3	2:58	62	14:56
Hermannsklippe	2.60	21:38	8:19	2	0:35	51	7:03	9.00	1:09:02	7:40	3	3:33	63	21:59
Brocken	3.10	32:40	10:32	1	-	25	8:31	12.10	1:41:42	8:24	3	1:29	48	30:23
Eiserner Handwe	3.60	20:59	5:49	4	1:17	44	5:47	15.70	2:02:41	7:48	3	1:55	46	36:10
Schlüsie	4.10	19:12	4:40	1	-	31	4:06	19.80	2:21:53	7:09	3	1:17	42	40:16
Loddenke	3.10	16:27	5:18	4	1:36	49	4:20	22.90	2:38:20	6:54	3	2:46	42	44:36
Ilseburg/Markt	3.30	19:31	5:54	4	3:07	68	5:31	26.20	2:57:51	6:47	3	5:53	44	48:55