



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Neumann, Steffen

Club: WSG Reform Magdeburg
Number: 360

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:58:26

Speed: 8.74 km/h
Running performance: 6:49 min/km

Rank in course/Total: 420 (of 581)

Rank in course/Men: 376 (of 475)

Best time in course: 1:39:32

Rank in category: 46(of 55)

Best time in the category: 1:53:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:29	6:12	36	6:47	308	7:25	3.30	20:29	6:12	36	6:47	308	7:25
Schlüsie	3.10	23:14	7:29	49	8:10	395	9:36	6.40	43:43	6:49	46	14:55	362	17:00
Hermannsklippe	2.60	20:49	8:00	47	7:54	379	9:25	9.00	1:04:32	7:10	46	22:40	377	26:25
Brocken	3.10	33:16	10:43	43	12:50	333	15:13	12.10	1:37:48	8:04	46	34:50	367	41:38
Eiserner Handwe	3.60	23:08	6:25	48	9:58	399	11:16	15.70	2:00:56	7:42	44	43:27	370	52:54
Schlüsie	4.10	21:32	5:15	51	8:46	387	9:58	19.80	2:22:28	7:11	47	52:13	373	1:02:52
Loddenke	3.10	17:44	5:43	51	6:57	410	8:25	22.90	2:40:12	6:59	48	58:59	380	1:11:17
Ilseburg/Markt	3.30	18:14	5:31	42	6:05	344	7:37	26.20	2:58:26	6:48	46	1:04:40	376	1:18:54