



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Schmalz, Holger

Club: Brockenlaufverein
Number: 28

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:58:30

Speed: 8.81 km/h
Running performance: 6:49 min/km

Rank in course/Total: 421 (of 581)

Rank in course/Men: 377 (of 475)

Best time in course: 1:39:32

Rank in category: 28(of 40)

Best time in the category: 2:17:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:01	6:03	22	3:12	280	6:57	3.30	20:01	6:03	22	3:12	280	6:57
Schlüsie	3.10	21:56	7:04	20	3:27	339	8:18	6.40	41:57	6:33	20	5:58	304	15:14
Hermannsklippe	2.60	19:35	7:31	20	4:01	337	8:11	9.00	1:01:32	6:50	20	9:44	322	23:25
Brocken	3.10	39:33	12:45	35	14:20	444	21:30	12.10	1:41:05	8:21	29	24:04	395	44:55
Eiserner Handwe	3.60	22:07	6:08	30	6:31	371	10:15	15.70	2:03:12	7:50	28	28:55	391	55:10
Schlüsie	4.10	22:05	5:23	30	7:01	399	10:31	19.80	2:25:17	7:20	28	35:15	393	1:05:41
Loddenke	3.10	16:18	5:15	27	3:32	351	6:59	22.90	2:41:35	7:03	28	38:47	386	1:12:40
Ilseburg/Markt	3.30	16:55	5:07	20	2:32	284	6:18	26.20	2:58:30	6:48	28	41:11	377	1:18:58