



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Baumann, Norbert

Club: Rumelner TV  
Number: 50

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 3:00:31

Speed: 8.71 km/h  
Running performance: 6:53 min/km

Rank in course/Total: 436 (of 581)

Rank in course/Men: 388 (of 475)

Best time in course: 1:39:32

Rank in category: 62(of 77)

Best time in the category: 1:59:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:51	6:19	58	6:55	333	7:47	3.30	20:51	6:19	58	6:55	333	7:47
Schlüsie	3.10	22:47	7:20	59	7:19	368	9:09	6.40	43:38	6:49	59	14:14	356	16:55
Hermannsklippe	2.60	20:52	8:01	60	7:21	381	9:28	9.00	1:04:30	7:10	61	21:26	375	26:23
Brocken	3.10	40:58	13:12	72	19:30	459	22:55	12.10	1:45:28	8:42	64	40:56	423	49:18
Eiserner Handwe	3.60	22:56	6:22	64	8:31	395	11:04	15.70	2:08:24	8:10	64	48:42	422	1:00:22
Schlüsie	4.10	19:09	4:40	45	5:02	282	7:35	19.80	2:27:33	7:27	62	53:09	404	1:07:57
Loddenke	3.10	15:33	5:00	51	3:53	307	6:14	22.90	2:43:06	7:07	62	56:49	398	1:14:11
Ilseburg/Markt	3.30	17:25	5:16	56	4:23	313	6:48	26.20	3:00:31	6:53	62	1:01:05	388	1:20:59