



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Prietz, Walther

Club: MTV Goslar
Number: 390

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 3:01:30

Speed: 8.66 km/h
Running performance: 6:56 min/km

Rank in course/Total: 439 (of 581)

Rank in course/Men: 390 (of 475)

Best time in course: 1:39:32

Rank in category: 1(of 4)

Best time in the category: 3:01:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:22	6:28	1	-	367	8:18	3.30	21:22	6:28	1	-	367	8:18
Schlüsie	3.10	22:45	7:20	1	-	367	9:07	6.40	44:07	6:53	1	-	373	17:24
Hermannsklippe	2.60	20:54	8:02	1	-	383	9:30	9.00	1:05:01	7:13	1	-	388	26:54
Brocken	3.10	38:36	12:27	3	3:56	435	20:33	12.10	1:43:37	8:33	1	-	415	47:27
Eiserner Handwe	3.60	21:29	5:58	1	-	350	9:37	15.70	2:05:06	7:58	1	-	404	57:04
Schlüsie	4.10	20:53	5:05	1	-	361	9:19	19.80	2:25:59	7:22	1	-	397	1:06:23
Loddenke	3.10	16:32	5:20	1	-	358	7:13	22.90	2:42:31	7:05	1	-	391	1:13:36
Ilseburg/Markt	3.30	18:59	5:45	1	-	378	8:22	26.20	3:01:30	6:55	1	-	390	1:21:58