



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Junig, Gunnar

Club: Brockenlaufverein
Number: 234

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 3:01:35

Speed: 8.66 km/h
Running performance: 6:56 min/km

Rank in course/Total: 440 (of 581)

Rank in course/Men: 391 (of 475)

Best time in course: 1:39:32

Rank in category: 29(of 40)

Best time in the category: 2:17:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:07	6:42	33	5:18	405	9:03	3.30	22:07	6:42	33	5:18	405	9:03
Schlüsie	3.10	25:00	8:03	33	6:31	424	11:22	6.40	47:07	7:21	32	11:08	418	20:24
Hermannsklippe	2.60	23:22	8:59	34	7:48	441	11:58	9.00	1:10:29	7:49	33	18:41	430	32:22
Brocken	3.10	36:09	11:39	29	10:56	412	18:06	12.10	1:46:38	8:48	32	29:37	430	50:28
Eiserner Handwe	3.60	20:02	5:33	24	4:26	290	8:10	15.70	2:06:40	8:04	30	32:23	409	58:38
Schlüsie	4.10	19:40	4:47	27	4:36	304	8:06	19.80	2:26:20	7:23	30	36:18	400	1:06:44
Loddenke	3.10	16:28	5:18	29	3:42	356	7:09	22.90	2:42:48	7:06	29	40:00	394	1:13:53
Ilseburg/Markt	3.30	18:47	5:41	29	4:24	367	8:10	26.20	3:01:35	6:55	29	44:16	391	1:22:03