



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Rohr, Michael

Club: Wernigerode  
Number: 413

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M65 (65-69 Jahre)

Total time: 3:02:08

Speed: 8.57 km/h  
Running performance: 6:57 min/km

Rank in course/Total: 448 (of 581)

Rank in course/Men: 397 (of 475)

Best time in course: 1:39:32

Rank in category: 9(of 15)

Best time in the category: 2:31:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:58	6:57	10	4:41	426	9:54	3.30	22:58	6:57	10	4:41	426	9:54
Schlüsie	3.10	23:30	7:34	8	4:14	400	9:52	6.40	46:28	7:15	8	8:16	406	19:45
Hermannsklippe	2.60	21:20	8:12	9	4:14	403	9:56	9.00	1:07:48	7:31	10	12:17	414	29:41
Brocken	3.10	33:05	10:40	6	6:10	327	15:02	12.10	1:40:53	8:20	8	17:35	392	44:43
Eiserner Handwe	3.60	23:00	6:23	8	5:08	397	11:08	15.70	2:03:53	7:53	7	21:23	396	55:51
Schlüsie	4.10	21:35	5:15	9	4:08	390	10:01	19.80	2:25:28	7:20	7	25:31	395	1:05:52
Loddenke	3.10	17:32	5:39	9	4:10	400	8:13	22.90	2:43:00	7:07	8	28:11	397	1:14:05
Ilseburg/Markt	3.30	19:08	5:47	8	4:04	381	8:31	26.20	3:02:08	6:57	9	30:32	397	1:22:36