



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Otto, Karsten

Club: SpVgg Lagerlechfeld Abt. Ski&Berg  
Number: 370

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 3:02:11

Speed: 8.56 km/h  
Running performance: 6:57 min/km

Rank in course/Total: 449 (of 581)

Rank in course/Men: 398 (of 475)

Best time in course: 1:39:32

Rank in category: 58(of 68)

Best time in the category: 1:51:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:42	6:16	45	6:51	321	7:38	3.30	20:42	6:16	45	6:51	321	7:38
Schlüsie	3.10	23:12	7:29	59	8:19	392	9:34	6.40	43:54	6:51	56	15:06	368	17:11
Hermannsklippe	2.60	20:58	8:03	58	8:15	390	9:34	9.00	1:04:52	7:12	58	23:21	385	26:45
Brocken	3.10	35:17	11:22	57	14:10	396	17:14	12.10	1:40:09	8:16	57	37:31	384	43:59
Eiserner Handwe	3.60	23:11	6:26	61	9:57	401	11:19	15.70	2:03:20	7:51	60	47:27	393	55:18
Schlüsie	4.10	22:47	5:33	60	9:50	414	11:13	19.80	2:26:07	7:22	59	57:13	398	1:06:31
Loddenke	3.10	17:13	5:33	58	6:36	390	7:54	22.90	2:43:20	7:07	58	1:03:49	400	1:14:25
Ilseburg/Markt	3.30	18:51	5:42	55	6:56	368	8:14	26.20	3:02:11	6:57	58	1:10:45	398	1:22:39