



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Bressel, Kai

Club: Prinzess-Ilse-Grundschule  
Number: 943

Course: 1.80 km  
1,8 km - Lauf

Category:  
männliche Kinder U10 (8-9 Jahre)

Total time: 7:46

Speed: 13.91 km/h  
Running performance: 4:19 min/km

Rank in course/Total: 19 (of 128)

Rank in course/Men: 14 (of 74)

Best time in course: 6:17

Rank in category: 7(of 35)

Best time in the category: 6:58

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Blochhauer	0.90	3:57	4:23	10	0:30	16	0:53	0.90	3:57	4:23	10	0:30	16	0:53
Ilseburg/Markt	0.90	3:49	4:14	5	0:23	11	0:36	1.80	7:46	4:18	7	0:48	14	1:29