



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Hollmann, Patrick

Club: Wilhelmshaven
Number: 213

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 3:02:54

Speed: 8.53 km/h
Running performance: 6:59 min/km

Rank in course/Total: 454 (of 581)

Rank in course/Men: 401 (of 475)

Best time in course: 1:39:32

Rank in category: 41(of 47)

Best time in the category: 1:47:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:24	6:29	38	8:20	370	8:20	3.30	21:24	6:29	38	8:20	370	8:20
Schlüsie	3.10	21:53	7:03	37	7:45	337	8:15	6.40	43:17	6:45	37	15:52	346	16:34
Hermannsklippe	2.60	22:03	8:28	42	9:39	418	10:39	9.00	1:05:20	7:15	42	25:31	391	27:13
Brocken	3.10	36:02	11:37	43	16:12	409	17:59	12.10	1:41:22	8:22	41	41:26	398	45:12
Eiserner Handwe	3.60	21:09	5:52	36	8:22	341	9:17	15.70	2:02:31	7:48	41	49:03	385	54:29
Schlüsie	4.10	20:42	5:02	37	8:40	356	9:08	19.80	2:23:13	7:13	40	57:22	379	1:03:37
Loddenke	3.10	19:14	6:12	43	9:13	437	9:55	22.90	2:42:27	7:05	41	1:06:06	390	1:13:32
Ilseburg/Markt	3.30	20:27	6:11	42	9:29	424	9:50	26.20	3:02:54	6:58	41	1:15:09	401	1:23:22