



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Mayer, Anna-Lena

Number: 330

Course: 26.20 km
26,2 km - Lauf

Category:
Frauen (20-29 Jahre)

Total time: 3:03:08

Speed: 8.52 km/h
Running performance: 6:59 min/km

Rank in course/Total: 457 (of 581)

Rank in course/Women: 54 (of 106)

Best time in course: 2:08:56

Rank in category: 9(of 14)

Best time in the category: 2:20:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	21:23	6:28	8	5:35	44	5:35	3.30	21:23	6:28	8	5:35	44	5:35
Schlüsie	3.10	25:36	8:15	9	7:04	69	9:01	6.40	46:59	7:20	9	12:39	60	14:31
Hermannsklippe	2.60	24:40	9:29	11	8:14	85	10:05	9.00	1:11:39	7:57	10	20:53	71	24:36
Brocken	3.10	36:06	11:38	9	7:41	55	11:57	12.10	1:47:45	8:54	10	28:34	65	36:26
Eiserner Handwe	3.60	20:12	5:36	7	4:18	35	5:00	15.70	2:07:57	8:08	9	32:52	59	41:26
Schlüsie	4.10	19:32	4:45	7	3:09	36	4:26	19.80	2:27:29	7:26	9	36:01	52	45:52
Loddenke	3.10	15:38	5:02	7	2:10	35	3:31	22.90	2:43:07	7:07	9	38:11	49	49:23
Ilseburg/Markt	3.30	20:01	6:03	10	4:40	75	6:01	26.20	3:03:08	6:59	9	42:46	54	54:12