



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Roith, Jürgen

Club: ATSV Kallmünz
Number: 415

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:03:20

Speed: 8.51 km/h
Running performance: 7:00 min/km

Rank in course/Total: 458 (of 581)

Rank in course/Men: 404 (of 475)

Best time in course: 1:39:32

Rank in category: 63(of 77)

Best time in the category: 1:59:26

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Loddenke	3.30	22:52	6:55	68	8:56	420	9:48	3.30	22:52	6:55	68	8:56	420	9:48
Schlüsie	3.10	24:34	7:55	63	9:06	418	10:56	6.40	47:26	7:24	65	18:02	421	20:43
Hermannsklippe	2.60	21:39	8:19	62	8:08	411	10:15	9.00	1:09:05	7:40	64	26:01	423	30:58
Brocken	3.10	35:59	11:36	62	14:31	408	17:56	12.10	1:45:04	8:40	62	40:32	419	48:54
Eiserner Handwe	3.60	22:36	6:16	61	8:11	384	10:44	15.70	2:07:40	8:07	63	47:58	419	59:38
Schlüsie	4.10	20:40	5:02	56	6:33	352	9:06	19.80	2:28:20	7:29	63	53:56	414	1:08:44
Loddenke	3.10	16:42	5:23	61	5:02	365	7:23	22.90	2:45:02	7:12	63	58:45	408	1:16:07
Ilseburg/Markt	3.30	18:18	5:32	60	5:16	346	7:41	26.20	3:03:20	6:59	63	1:03:54	404	1:23:48