



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

**Buchmeier, Anja**

Club: LLG Springe  
Number: 87

Course: 26.20 km  
26,2 km - Lauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 3:03:34

Speed: 8.50 km/h  
Running performance: 7:01 min/km

Rank in course/Total: 460 (of 581)

Rank in course/Women: 55 (of 106)

Best time in course: 2:08:56

Rank in category: 13(of 26)

Best time in the category: 2:19:04

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	23:54	7:14	19	7:24	85	8:06	3.30	23:54	7:14	19	7:24	85	8:06
Schlüsie	3.10	24:15	7:49	15	6:04	56	7:40	6.40	48:09	7:31	16	13:28	67	15:41
Hermannsklippe	2.60	22:07	8:30	15	5:54	58	7:32	9.00	1:10:16	7:48	16	19:22	64	23:13
Brocken	3.10	36:07	11:39	15	8:57	56	11:58	12.10	1:46:23	8:47	15	27:47	63	35:04
Eiserner Handwe	3.60	22:41	6:18	13	6:42	60	7:29	15.70	2:09:04	8:13	15	34:29	64	42:33
Schlüsie	4.10	20:32	5:00	12	4:06	48	5:26	19.80	2:29:36	7:33	14	38:35	61	47:59
Loddenke	3.10	16:03	5:10	11	2:51	42	3:56	22.90	2:45:39	7:14	14	41:26	58	51:55
Ilseburg/Markt	3.30	17:55	5:25	11	3:04	42	3:55	26.20	3:03:34	7:00	13	44:30	55	54:38