



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Wienstroer, Marie-Charlotte

Club: Sassenburg
Number: 561

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 3:03:53

Speed: 8.48 km/h
Running performance: 7:01 min/km

Rank in course/Total: 462 (of 581)

Rank in course/Women: 56 (of 106)

Best time in course: 2:08:56

Rank in category: 3(of 6)

Best time in the category: 2:36:48

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|-----------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Loddenke | 3.30 | 22:47 | 6:54 | 3 | 5:01 | 68 | 6:59 | 3.30 | 22:47 | 6:54 | 3 | 5:01 | 68 | 6:59 |
| Schlüsie | 3.10 | 23:20 | 7:31 | 3 | 2:42 | 46 | 6:45 | 6.40 | 46:07 | 7:12 | 3 | 7:43 | 51 | 13:39 |
| Hermannsklippe | 2.60 | 21:09 | 8:08 | 3 | 2:56 | 46 | 6:34 | 9.00 | 1:07:16 | 7:28 | 3 | 10:06 | 51 | 20:13 |
| Brocken | 3.10 | 31:31 | 10:09 | 2 | 0:08 | 17 | 7:22 | 12.10 | 1:38:47 | 8:09 | 3 | 10:14 | 39 | 27:28 |
| Eiserner Handwe | 3.60 | 24:08 | 6:42 | 3 | 6:15 | 73 | 8:56 | 15.70 | 2:02:55 | 7:49 | 3 | 16:29 | 47 | 36:24 |
| Schlüsie | 4.10 | 24:43 | 6:01 | 5 | 7:06 | 86 | 9:37 | 19.80 | 2:27:38 | 7:27 | 3 | 23:35 | 55 | 46:01 |
| Loddenke | 3.10 | 18:20 | 5:54 | 4 | 4:40 | 77 | 6:13 | 22.90 | 2:45:58 | 7:14 | 3 | 26:43 | 60 | 52:14 |
| Ilseburg/Markt | 3.30 | 17:55 | 5:25 | 4 | 2:27 | 42 | 3:55 | 26.20 | 3:03:53 | 7:01 | 3 | 27:05 | 56 | 54:57 |