



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Stroh, Viola

Club: Erfurt Nord Gymnastik
Number: 502

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W60 (60-64 Jahre)

Total time: 3:04:04

Speed: 8.48 km/h
Running performance: 7:02 min/km

Rank in course/Total: 466 (of 581)

Rank in course/Women: 58 (of 106)

Best time in course: 2:08:56

Rank in category: 2(of 2)

Best time in the category: 2:59:33

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	22:12	6:43	2	1:23	55	6:24	3.30	22:12	6:43	2	1:23	55	6:24
Schlüsie	3.10	24:17	7:50	2	1:09	59	7:42	6.40	46:29	7:15	2	2:32	56	14:01
Hermannsklippe	2.60	22:21	8:35	1	-	60	7:46	9.00	1:08:50	7:38	2	2:29	60	21:47
Brocken	3.10	35:14	11:21	1	-	51	11:05	12.10	1:44:04	8:36	2	0:26	58	32:45
Eiserner Handwe	3.60	22:47	6:19	1	-	62	7:35	15.70	2:06:51	8:04	2	0:10	56	40:20
Schlüsie	4.10	22:05	5:23	2	1:16	58	6:59	19.80	2:28:56	7:31	2	1:26	59	47:19
Loddenke	3.10	16:51	5:26	2	1:12	56	4:44	22.90	2:45:47	7:14	2	2:38	59	52:03
Ilseburg/Markt	3.30	18:17	5:32	2	1:53	51	4:17	26.20	3:04:04	7:01	2	4:31	58	55:08