



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Schäfers, Anette

Club: Lauftreff Wewer
Number: 431

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W65 (65-69 Jahre)

Total time: 3:04:20

Speed: 8.46 km/h
Running performance: 7:02 min/km

Rank in course/Total: 467 (of 581)

Rank in course/Women: 60 (of 106)

Best time in course: 2:08:56

Rank in category: 4(of 5)

Best time in the category: 2:51:58

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Loddenke | 3.30 | 23:48 | 7:12 | 4 | 2:47 | 83 | 8:00 | 3.30 | 23:48 | 7:12 | 4 | 2:47 | 83 | 8:00 |
| Schlüsie | 3.10 | 25:51 | 8:20 | 4 | 2:40 | 72 | 9:16 | 6.40 | 49:39 | 7:45 | 4 | 5:13 | 79 | 17:11 |
| Hermannsklippe | 2.60 | 22:35 | 8:41 | 4 | 1:32 | 65 | 8:00 | 9.00 | 1:12:14 | 8:01 | 4 | 6:45 | 75 | 25:11 |
| Brocken | 3.10 | 36:57 | 11:55 | 4 | 4:17 | 62 | 12:48 | 12.10 | 1:49:11 | 9:01 | 4 | 8:58 | 69 | 37:52 |
| Eiserner Handwe | 3.60 | 20:50 | 5:47 | 2 | 1:08 | 41 | 5:38 | 15.70 | 2:10:01 | 8:16 | 4 | 9:15 | 66 | 43:30 |
| Schlüsie | 4.10 | 20:56 | 5:06 | 4 | 1:44 | 52 | 5:50 | 19.80 | 2:30:57 | 7:37 | 4 | 10:21 | 63 | 49:20 |
| Loddenke | 3.10 | 15:49 | 5:06 | 3 | 0:58 | 38 | 3:42 | 22.90 | 2:46:46 | 7:16 | 4 | 11:12 | 61 | 53:02 |
| Ilseburg/Markt | 3.30 | 17:34 | 5:19 | 2 | 1:10 | 37 | 3:34 | 26.20 | 3:04:20 | 7:02 | 4 | 12:22 | 60 | 55:24 |