



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Grimm, Andreas

Club: SV Kloster
Number: 176

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 3:04:42

Speed: 8.51 km/h
Running performance: 7:03 min/km

Rank in course/Total: 468 (of 581)

Rank in course/Men: 408 (of 475)

Best time in course: 1:39:32

Rank in category: 60(of 68)

Best time in the category: 1:51:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:09	6:24	51	7:18	351	8:05	3.30	21:09	6:24	51	7:18	351	8:05
Schlüsie	3.10	21:36	6:58	45	6:43	315	7:58	6.40	42:45	6:40	48	13:57	335	16:02
Hermannsklippe	2.60	20:07	7:44	52	7:24	355	8:43	9.00	1:02:52	6:59	55	21:21	350	24:45
Brocken	3.10	37:25	12:04	64	16:18	427	19:22	12.10	1:40:17	8:17	59	37:39	387	44:07
Eiserner Handwe	3.60	22:59	6:23	59	9:45	396	11:07	15.70	2:03:16	7:51	59	47:23	392	55:14
Schlüsie	4.10	26:14	6:23	66	13:17	456	14:40	19.80	2:29:30	7:33	64	1:00:36	421	1:09:54
Loddenke	3.10	18:43	6:02	64	8:06	429	9:24	22.90	2:48:13	7:20	63	1:08:42	421	1:19:18
Ilseburg/Markt	3.30	16:29	4:59	33	4:34	252	5:52	26.20	3:04:42	7:02	60	1:13:16	408	1:25:10