



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Schweer, Bernhard

Club: Regenbogenland
Number: 468

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 3:06:04

Speed: 8.45 km/h
Running performance: 7:06 min/km

Rank in course/Total: 472 (of 581)

Rank in course/Men: 412 (of 475)

Best time in course: 1:39:32

Rank in category: 34(of 36)

Best time in the category: 1:57:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:15	7:02	34	9:20	431	10:11	3.30	23:15	7:02	34	9:20	431	10:11
Schlüsie	3.10	22:15	7:10	33	7:22	353	8:37	6.40	45:30	7:06	34	16:42	396	18:47
Hermannsklippe	2.60	18:58	7:17	29	6:07	304	7:34	9.00	1:04:28	7:09	34	22:49	373	26:21
Brocken	3.10	31:08	10:02	27	10:00	276	13:05	12.10	1:35:36	7:54	30	32:49	340	39:26
Eiserner Handwe	3.60	27:07	7:31	35	13:27	457	15:15	15.70	2:02:43	7:48	34	44:52	386	54:41
Schlüsie	4.10	24:57	6:05	35	11:52	444	13:23	19.80	2:27:40	7:27	34	53:57	406	1:08:04
Loddenke	3.10	17:48	5:44	33	6:38	412	8:29	22.90	2:45:28	7:13	34	1:00:35	413	1:16:33
Ilseburg/Markt	3.30	20:36	6:14	33	7:55	427	9:59	26.20	3:06:04	7:06	34	1:08:30	412	1:26:32