



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Alex, Tim

Club: Regenbogenland  
Number: 35

Course: 26.20 km  
26,2 km - Lauf

Category:  
Männer (20-29 Jahre)

Total time: 3:06:07

Speed: 8.45 km/h  
Running performance: 7:06 min/km

Rank in course/Total: 473 (of 581)

Rank in course/Men: 413 (of 475)

Best time in course: 1:39:32

Rank in category: 35(of 36)

Best time in the category: 1:57:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:15	7:02	34	9:20	431	10:11	3.30	23:15	7:02	34	9:20	431	10:11
Schlüsie	3.10	22:15	7:10	33	7:22	353	8:37	6.40	45:30	7:06	34	16:42	396	18:47
Hermannsklippe	2.60	18:58	7:17	29	6:07	304	7:34	9.00	1:04:28	7:09	34	22:49	373	26:21
Brocken	3.10	31:08	10:02	27	10:00	276	13:05	12.10	1:35:36	7:54	30	32:49	340	39:26
Eiserner Handwe	3.60	27:11	7:33	36	13:31	459	15:19	15.70	2:02:47	7:49	35	44:56	388	54:45
Schlüsie	4.10	24:53	6:04	34	11:48	443	13:19	19.80	2:27:40	7:27	34	53:57	406	1:08:04
Loddenke	3.10	17:48	5:44	33	6:38	412	8:29	22.90	2:45:28	7:13	34	1:00:35	413	1:16:33
Ilseburg/Markt	3.30	20:39	6:15	34	7:58	428	10:02	26.20	3:06:07	7:06	35	1:08:33	413	1:26:35