



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

**Buchmeier, Dirk**

Club: LLG Springe  
Number: 88

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 3:06:11

Speed: 8.38 km/h  
Running performance: 7:07 min/km

Rank in course/Total: 474 (of 581)

Rank in course/Men: 414 (of 475)

Best time in course: 1:39:32

Rank in category: 51(of 59)

Best time in the category: 2:07:29

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:54	7:14	55	8:02	448	10:50	3.30	23:54	7:14	55	8:02	448	10:50
Schlüsie	3.10	24:15	7:49	50	7:38	416	10:37	6.40	48:09	7:31	51	15:40	428	21:26
Hermannsklippe	2.60	22:21	8:35	51	7:47	425	10:57	9.00	1:10:30	7:49	52	23:27	431	32:23
Brocken	3.10	36:35	11:48	52	12:08	418	18:32	12.10	1:47:05	8:50	52	35:35	431	50:55
Eiserner Handwe	3.60	21:58	6:06	43	7:05	369	10:06	15.70	2:09:03	8:13	51	42:40	425	1:01:01
Schlüsie	4.10	20:33	5:00	41	5:46	344	8:59	19.80	2:29:36	7:33	51	48:11	422	1:10:00
Loddenke	3.10	16:11	5:13	44	3:59	342	6:52	22.90	2:45:47	7:14	51	52:07	416	1:16:52
Ilseburg/Markt	3.30	20:24	6:10	54	6:36	423	9:47	26.20	3:06:11	7:06	51	58:42	414	1:26:39