



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Gross, Gene

Club: PARI Run Air
Number: 179

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 3:07:21

Speed: 8.33 km/h
Running performance: 7:09 min/km

Rank in course/Total: 481 (of 581)

Rank in course/Men: 418 (of 475)

Best time in course: 1:39:32

Rank in category: 44(of 47)

Best time in the category: 1:47:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:26	6:29	40	8:22	377	8:22	3.30	21:26	6:29	40	8:22	377	8:22
Schlüsie	3.10	22:52	7:22	40	8:44	371	9:14	6.40	44:18	6:55	39	16:53	378	17:35
Hermannsklippe	2.60	20:39	7:56	39	8:15	374	9:15	9.00	1:04:57	7:13	41	25:08	387	26:50
Brocken	3.10	37:57	12:14	44	18:07	428	19:54	12.10	1:42:54	8:30	43	42:58	411	46:44
Eiserner Handwe	3.60	25:38	7:07	43	12:51	444	13:46	15.70	2:08:32	8:11	44	55:04	424	1:00:30
Schlüsie	4.10	20:37	5:01	36	8:35	347	9:03	19.80	2:29:09	7:31	44	1:03:18	419	1:09:33
Loddenke	3.10	16:59	5:28	40	6:58	375	7:40	22.90	2:46:08	7:15	44	1:09:47	417	1:17:13
Ilseburg/Markt	3.30	21:13	6:25	44	10:15	433	10:36	26.20	3:07:21	7:09	44	1:19:36	418	1:27:49