



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Wiedig, Michael

Club: Aschersleben  
Number: 1200

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 3:08:04

Speed: 8.29 km/h  
Running performance: 7:11 min/km

Rank in course/Total: 484 (of 581)

Rank in course/Men: 420 (of 475)

Best time in course: 1:39:32

Rank in category: 64(of 67)

Best time in the category: 1:39:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:51	7:13	67	10:46	447	10:47	3.30	23:51	7:13	67	10:46	447	10:47
Schlüsie	3.10	23:52	7:41	64	10:14	407	10:14	6.40	47:43	7:27	65	21:00	424	21:00
Hermannsklippe	2.60	21:16	8:10	61	9:52	398	9:52	9.00	1:08:59	7:39	65	30:52	422	30:52
Brocken	3.10	33:19	10:44	57	15:16	335	15:16	12.10	1:42:18	8:27	64	46:08	405	46:08
Eiserner Handwe	3.60	24:44	6:52	65	12:52	434	12:52	15.70	2:07:02	8:05	64	59:00	414	59:00
Schlüsie	4.10	22:52	5:34	65	11:18	416	11:18	19.80	2:29:54	7:34	64	1:10:18	423	1:10:18
Loddenke	3.10	17:42	5:42	60	8:23	406	8:23	22.90	2:47:36	7:19	64	1:18:41	420	1:18:41
Ilseburg/Markt	3.30	20:28	6:12	64	9:51	425	9:51	26.20	3:08:04	7:10	64	1:28:32	420	1:28:32