



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Klopf, Dorit

Number: 1199

Course: 26.20 km  
26,2 km - Lauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 3:08:04

Speed: 8.36 km/h

Running performance: 7:11 min/km

Rank in course/Total: 485 (of 581)

Rank in course/Women: 65 (of 106)

Best time in course: 2:08:56

Rank in category: 15(of 26)

Best time in the category: 2:19:04

| Intermediate times |          |            |              | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Women | Behind Women | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Loddenke           | 3.30     | 23:51      | 7:13         | 18          | 7:21        | 84        | 8:03         | 3.30          | 23:51      | 7:13         | 18       | 7:21        | 84        | 8:03         |
| Schlüsie           | 3.10     | 23:53      | 7:42         | 12          | 5:42        | 51        | 7:18         | 6.40          | 47:44      | 7:27         | 15       | 13:03       | 64        | 15:16        |
| Hermannsklippe     | 2.60     | 21:15      | 8:10         | 13          | 5:02        | 47        | 6:40         | 9.00          | 1:08:59    | 7:39         | 15       | 18:05       | 62        | 21:56        |
| Brocken            | 3.10     | 33:19      | 10:44        | 8           | 6:09        | 30        | 9:10         | 12.10         | 1:42:18    | 8:27         | 12       | 23:42       | 50        | 30:59        |
| Eiserner Handwe    | 3.60     | 24:44      | 6:52         | 17          | 8:45        | 79        | 9:32         | 15.70         | 2:07:02    | 8:05         | 13       | 32:27       | 58        | 40:31        |
| Schlüsie           | 4.10     | 22:52      | 5:34         | 17          | 6:26        | 71        | 7:46         | 19.80         | 2:29:54    | 7:34         | 15       | 38:53       | 62        | 48:17        |
| Loddenke           | 3.10     | 17:42      | 5:42         | 18          | 4:30        | 71        | 5:35         | 22.90         | 2:47:36    | 7:19         | 15       | 43:23       | 63        | 53:52        |
| Ilseburg/Markt     | 3.30     | 20:28      | 6:12         | 20          | 5:37        | 81        | 6:28         | 26.20         | 3:08:04    | 7:10         | 15       | 49:00       | 65        | 59:08        |