



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Kettenbeil, Eckard

Club: NIX tun kann JEDER
Number: 246

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 3:10:03

Speed: 8.21 km/h
Running performance: 7:15 min/km

Rank in course/Total: 490 (of 581)

Rank in course/Men: 423 (of 475)

Best time in course: 1:39:32

Rank in category: 11(of 15)

Best time in the category: 2:31:36

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:48	6:54	9	4:31	417	9:44	3.30	22:48	6:54	9	4:31	417	9:44
Schlüsie	3.10	24:02	7:45	10	4:46	413	10:24	6.40	46:50	7:19	9	8:38	413	20:07
Hermannsklippe	2.60	21:23	8:13	10	4:17	404	9:59	9.00	1:08:13	7:34	11	12:42	418	30:06
Brocken	3.10	36:23	11:44	11	9:28	416	18:20	12.10	1:44:36	8:38	10	21:18	417	48:26
Eiserner Handwe	3.60	23:24	6:29	10	5:32	405	11:32	15.70	2:08:00	8:09	10	25:30	421	59:58
Schlüsie	4.10	23:44	5:47	12	6:17	431	12:10	19.80	2:31:44	7:39	11	31:47	425	1:12:08
Loddenke	3.10	18:28	5:57	12	5:06	426	9:09	22.90	2:50:12	7:25	12	35:23	425	1:21:17
Ilseburg/Markt	3.30	19:51	6:00	11	4:47	408	9:14	26.20	3:10:03	7:15	11	38:27	423	1:30:31