



49. Brockenlauf Ilseburg / 07.09.2019

Detailed evaluation

Beeth, Torsten

Club: Lauffeuer Buntekuh Lübeck
Number: 54

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 3:12:22

Speed: 8.17 km/h
Running performance: 7:20 min/km

Rank in course/Total: 496 (of 581)

Rank in course/Men: 427 (of 475)

Best time in course: 1:39:32

Rank in category: 52(of 59)

Best time in the category: 2:07:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:59	7:16	56	8:07	449	10:55	3.30	23:59	7:16	56	8:07	449	10:55
Schlüsie	3.10	24:51	8:00	51	8:14	420	11:13	6.40	48:50	7:37	53	16:21	436	22:07
Hermannsklippe	2.60	21:49	8:23	49	7:15	414	10:25	9.00	1:10:39	7:51	53	23:36	433	32:32
Brocken	3.10	35:40	11:30	50	11:13	402	17:37	12.10	1:46:19	8:47	51	34:49	428	50:09
Eiserner Handwe	3.60	23:45	6:35	49	8:52	410	11:53	15.70	2:10:04	8:17	52	43:41	428	1:02:02
Schlüsie	4.10	23:43	5:47	50	8:56	429	12:09	19.80	2:33:47	7:46	52	52:22	429	1:14:11
Loddenke	3.10	18:56	6:06	53	6:44	433	9:37	22.90	2:52:43	7:32	52	59:03	428	1:23:48
Ilseburg/Markt	3.30	19:39	5:57	51	5:51	397	9:02	26.20	3:12:22	7:20	52	1:04:53	427	1:32:50