



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Tautenhahn, Thomas

Club: Bremen
Number: 508

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:15:00

Speed: 8.06 km/h
Running performance: 7:26 min/km

Rank in course/Total: 500 (of 581)

Rank in course/Men: 429 (of 475)

Best time in course: 1:39:32

Rank in category: 66(of 77)

Best time in the category: 1:59:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:48	6:36	63	7:52	396	8:44	3.30	21:48	6:36	63	7:52	396	8:44
Schlüsie	3.10	26:18	8:29	69	10:50	443	12:40	6.40	48:06	7:30	66	18:42	427	21:23
Hermannsklippe	2.60	24:16	9:19	69	10:45	448	12:52	9.00	1:12:22	8:02	69	29:18	446	34:15
Brocken	3.10	40:07	12:56	71	18:39	453	22:04	12.10	1:52:29	9:17	69	47:57	448	56:19
Eiserner Handwe	3.60	22:07	6:08	60	7:42	371	10:15	15.70	2:14:36	8:34	67	54:54	436	1:06:34
Schlüsie	4.10	23:27	5:43	65	9:20	422	11:53	19.80	2:38:03	7:58	66	1:03:39	433	1:18:27
Loddenke	3.10	17:48	5:44	64	6:08	412	8:29	22.90	2:55:51	7:40	66	1:09:34	432	1:26:56
Ilseburg/Markt	3.30	19:09	5:48	63	6:07	382	8:32	26.20	3:15:00	7:26	66	1:15:34	429	1:35:28