



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Krabiell, Uwe

Club: Tough Guy
Number: 273

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:15:02

Speed: 8.00 km/h
Running performance: 7:26 min/km

Rank in course/Total: 501 (of 581)

Rank in course/Men: 430 (of 475)

Best time in course: 1:39:32

Rank in category: 67(of 77)

Best time in the category: 1:59:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:37	7:09	69	9:41	440	10:33	3.30	23:37	7:09	69	9:41	440	10:33
Schlüsie	3.10	26:28	8:32	71	11:00	449	12:50	6.40	50:05	7:49	69	20:41	446	23:22
Hermannsklippe	2.60	24:26	9:23	70	10:55	449	13:02	9.00	1:14:31	8:16	70	31:27	453	36:24
Brocken	3.10	39:42	12:48	68	18:14	447	21:39	12.10	1:54:13	9:26	70	49:41	453	58:03
Eiserner Handwe	3.60	22:36	6:16	61	8:11	384	10:44	15.70	2:16:49	8:42	70	57:07	446	1:08:47
Schlüsie	4.10	23:36	5:45	66	9:29	425	12:02	19.80	2:40:25	8:06	69	1:06:01	442	1:20:49
Loddenke	3.10	16:59	5:28	62	5:19	375	7:40	22.90	2:57:24	7:44	67	1:11:07	435	1:28:29
Ilseburg/Markt	3.30	17:38	5:20	57	4:36	320	7:01	26.20	3:15:02	7:26	67	1:15:36	430	1:35:30