



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Dominé, Ute

Club: Vegan Runners Magdeburg
Number: 108

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 3:15:40

Speed: 7.97 km/h
Running performance: 7:28 min/km

Rank in course/Total: 504 (of 581)

Rank in course/Women: 73 (of 106)

Best time in course: 2:08:56

Rank in category: 14(of 19)

Best time in the category: 2:36:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	22:57	6:57	15	3:32	69	7:09	3.30	22:57	6:57	15	3:32	69	7:09
Schlüsie	3.10	27:05	8:44	16	6:24	89	10:30	6.40	50:02	7:49	16	9:03	82	17:34
Hermannsklippe	2.60	24:55	9:35	17	6:42	88	10:20	9.00	1:14:57	8:19	17	15:45	85	27:54
Brocken	3.10	38:43	12:29	13	9:30	77	14:34	12.10	1:53:40	9:23	16	23:29	84	42:21
Eiserner Handwe	3.60	24:47	6:53	14	6:19	82	9:35	15.70	2:18:27	8:49	14	29:22	82	51:56
Schlüsie	4.10	22:28	5:28	9	4:32	66	7:22	19.80	2:40:55	8:07	14	33:54	81	59:18
Loddenke	3.10	16:35	5:20	5	2:58	51	4:28	22.90	2:57:30	7:45	14	36:52	75	1:03:46
Ilseburg/Markt	3.30	18:10	5:30	5	2:27	48	4:10	26.20	3:15:40	7:28	14	39:19	73	1:06:44