



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Laube, Stefan

Number: 629

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:17:58

Speed: 7.88 km/h
Running performance: 7:34 min/km

Rank in course/Total: 517 (of 581)

Rank in course/Men: 436 (of 475)

Best time in course: 1:39:32

Rank in category: 68(of 77)

Best time in the category: 1:59:26

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Stage score		Pos	Behind	Total		Pos	Behind	Total ranking	
	km	Time			min/km	Cat.			Men	Men			km	Time
Loddenke	3.30	22:44	6:53	67	8:48	414	9:40	3.30	22:44	6:53	67	8:48	414	9:40
Schlüsie	3.10	25:47	8:19	67	10:19	438	12:09	6.40	48:31	7:34	67	19:07	430	21:48
Hermannsklippe	2.60	22:30	8:39	65	8:59	430	11:06	9.00	1:11:01	7:53	67	27:57	435	32:54
Brocken	3.10	39:48	12:50	70	18:20	449	21:45	12.10	1:50:49	9:09	68	46:17	442	54:39
Eiserner Handwe	3.60	24:20	6:45	67	9:55	422	12:28	15.70	2:15:09	8:36	69	55:27	439	1:07:07
Schlüsie	4.10	23:58	5:50	69	9:51	433	12:24	19.80	2:39:07	8:02	67	1:04:43	435	1:19:31
Loddenke	3.10	18:45	6:02	66	7:05	430	9:26	22.90	2:57:52	7:46	68	1:11:35	438	1:28:57
Ilseburg/Markt	3.30	20:06	6:05	67	7:04	412	9:29	26.20	3:17:58	7:33	68	1:18:32	436	1:38:26