



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Meyer, Stefan

Club: Soltau
Number: 342

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:18:01

Speed: 7.94 km/h
Running performance: 7:34 min/km

Rank in course/Total: 518 (of 581)

Rank in course/Men: 438 (of 475)

Best time in course: 1:39:32

Rank in category: 69(of 77)

Best time in the category: 1:59:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	24:02	7:16	72	10:06	450	10:58	3.30	24:02	7:16	72	10:06	450	10:58
Schlüsie	3.10	25:32	8:14	66	10:04	433	11:54	6.40	49:34	7:44	68	20:10	443	22:51
Hermannsklippe	2.60	22:21	8:35	63	8:50	425	10:57	9.00	1:11:55	7:59	68	28:51	442	33:48
Brocken	3.10	36:54	11:54	64	15:26	422	18:51	12.10	1:48:49	8:59	67	44:17	435	52:39
Eiserner Handwe	3.60	25:58	7:12	72	11:33	449	14:06	15.70	2:14:47	8:35	68	55:05	437	1:06:45
Schlüsie	4.10	25:16	6:09	70	11:09	448	13:42	19.80	2:40:03	8:05	68	1:05:39	437	1:20:27
Loddenke	3.10	18:12	5:52	65	6:32	421	8:53	22.90	2:58:15	7:47	69	1:11:58	440	1:29:20
Ilseburg/Markt	3.30	19:46	5:59	66	6:44	404	9:09	26.20	3:18:01	7:33	69	1:18:35	438	1:38:29