



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Finkensiep, Dirk

Club: LT Ümminger See
Number: 140

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 3:18:44

Speed: 7.85 km/h
Running performance: 7:35 min/km

Rank in course/Total: 520 (of 581)

Rank in course/Men: 440 (of 475)

Best time in course: 1:39:32

Rank in category: 34(of 40)

Best time in the category: 2:17:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:49	6:36	31	5:00	398	8:45	3.30	21:49	6:36	31	5:00	398	8:45
Schlüsie	3.10	25:26	8:12	35	6:57	432	11:48	6.40	47:15	7:22	33	11:16	420	20:32
Hermannsklippe	2.60	23:22	8:59	34	7:48	441	11:58	9.00	1:10:37	7:50	34	18:49	432	32:30
Brocken	3.10	39:35	12:46	36	14:22	445	21:32	12.10	1:50:12	9:06	35	33:11	439	54:02
Eiserner Handwe	3.60	24:45	6:52	34	9:09	435	12:53	15.70	2:14:57	8:35	35	40:40	438	1:06:55
Schlüsie	4.10	25:11	6:08	35	10:07	446	13:37	19.80	2:40:08	8:05	34	50:06	439	1:20:32
Loddenke	3.10	18:38	6:00	35	5:52	428	9:19	22.90	2:58:46	7:48	34	55:58	442	1:29:51
Ilseburg/Markt	3.30	19:58	6:03	33	5:35	411	9:21	26.20	3:18:44	7:35	34	1:01:25	440	1:39:12