



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Borowiak, Christina

Total time: 3:19:57

Number: 72

Speed: 7.86 km/h

Running performance: 7:38 min/km

Course: 26.20 km

Rank in course/Total: 523 (of 581)

26,2 km - Lauf

Rank in course/Women: 82 (of 106)

Best time in course: 2:08:56

Category:

Rank in category: 10(of 11)

Seniorinnen W35 (35-39 Jahre)

Best time in the category: 2:08:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	23:15	7:02	10	7:22	78	7:27	3.30	23:15	7:02	10	7:22	78	7:27
Schlüsie	3.10	26:21	8:30	10	9:46	79	9:46	6.40	49:36	7:45	10	17:08	78	17:08
Hermannsklippe	2.60	24:58	9:36	10	10:23	90	10:23	9.00	1:14:34	8:17	10	27:31	83	27:31
Brocken	3.10	43:15	13:57	10	18:59	100	19:06	12.10	1:57:49	9:44	10	46:30	92	46:30
Eiserner Handwe	3.60	22:59	6:23	9	7:47	65	7:47	15.70	2:20:48	8:58	10	54:17	90	54:17
Schlüsie	4.10	20:40	5:02	8	5:34	50	5:34	19.80	2:41:28	8:09	10	59:51	82	59:51
Loddenke	3.10	18:40	6:01	10	6:33	82	6:33	22.90	3:00:08	7:51	10	1:06:24	83	1:06:24
Ilseburg/Markt	3.30	19:49	6:00	9	4:44	72	5:49	26.20	3:19:57	7:37	10	1:11:01	82	1:11:01