



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Böckler, Ulrich

Club: LT Elsen-Wewer
Number: 68

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 3:23:02

Speed: 7.68 km/h
Running performance: 7:45 min/km

Rank in course/Total: 528 (of 581)

Rank in course/Men: 445 (of 475)

Best time in course: 1:39:32

Rank in category: 35(of 40)

Best time in the category: 2:17:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	24:20	7:22	36	7:31	451	11:16	3.30	24:20	7:22	36	7:31	451	11:16
Schlüsie	3.10	26:24	8:30	36	7:55	448	12:46	6.40	50:44	7:55	36	14:45	447	24:01
Hermannsklippe	2.60	23:30	9:02	36	7:56	444	12:06	9.00	1:14:14	8:14	36	22:26	452	36:07
Brocken	3.10	38:38	12:27	32	13:25	436	20:35	12.10	1:52:52	9:19	36	35:51	450	56:42
Eiserner Handwe	3.60	24:38	6:50	33	9:02	428	12:46	15.70	2:17:30	8:45	36	43:13	448	1:09:28
Schlüsie	4.10	25:47	6:17	36	10:43	451	14:13	19.80	2:43:17	8:14	36	53:15	450	1:23:41
Loddenke	3.10	19:30	6:17	36	6:44	440	10:11	22.90	3:02:47	7:58	35	59:59	448	1:33:52
Ilseburg/Markt	3.30	20:15	6:08	35	5:52	419	9:38	26.20	3:23:02	7:44	35	1:05:43	445	1:43:30