



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Damrau, Kim

Club: Sabow
Number: 99

Course: 26.20 km
26,2 km - Lauf

Category:
Frauen (20-29 Jahre)

Total time: 3:23:30

Speed: 7.72 km/h
Running performance: 7:46 min/km

Rank in course/Total: 530 (of 581)

Rank in course/Women: 85 (of 106)

Best time in course: 2:08:56

Rank in category: 11(of 14)

Best time in the category: 2:20:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	23:34	7:08	11	7:46	80	7:46	3.30	23:34	7:08	11	7:46	80	7:46
Schlüsie	3.10	26:38	8:35	11	8:06	85	10:03	6.40	50:12	7:50	11	15:52	84	17:44
Hermannsklippe	2.60	24:37	9:28	10	8:11	84	10:02	9.00	1:14:49	8:18	12	24:03	84	27:46
Brocken	3.10	38:46	12:30	11	10:21	78	14:37	12.10	1:53:35	9:23	11	34:24	83	42:16
Eiserner Handwe	3.60	26:54	7:28	13	11:00	96	11:42	15.70	2:20:29	8:56	12	45:24	88	53:58
Schlüsie	4.10	25:54	6:19	13	9:31	92	10:48	19.80	2:46:23	8:24	13	54:55	90	1:04:46
Loddenke	3.10	17:50	5:45	10	4:22	73	5:43	22.90	3:04:13	8:02	12	59:17	87	1:10:29
Ilseburg/Markt	3.30	19:17	5:50	9	3:56	65	5:17	26.20	3:23:30	7:46	11	1:03:08	85	1:14:34