



Detailed evaluation

FF - Frank Faust

Number: 313

Course: 25.55 km

Chari Tria Staffel (0,55-20,0-5,0)

Category:

Jedermann

Total time: 1:23:52

Speed: 18.28 km/h

Running performance: 3:17 min/km

Rank in course: 3 (of 8)

Best time in course: 1:08:01

Rank in category: 3(of 8)

Best time in the category: 1:08:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Schwimmen nett	0.55	9:43	17:39	2	0:21	2	0:21	0.55	9:43	17:39	2	0:21	2	0:21	
Rad netto	20.00	47:02	2:21	5	9:33	5	9:33	20.55	56:45	2:45	3	9:09	3	9:09	
Lauf	5.00	27:07	5:25	4	6:42	4	6:42	25.55	1:23:52	3:16	3	15:51	3	15:51	