



Detailed evaluation

Couchpotatoes

Total time: 1:25:52

Number: 311

Speed: 17.47 km/h

Running performance: 3:22 min/km

Course: 25.55 km

Chari Tria Staffel (0,55-20,0-5,0)

Rank in course: 4 (of 8)

Best time in course: 1:08:01

Category:

Rank in category: 4(of 8)

Jedermann

Best time in the category: 1:08:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen nett	0.55	13:21	24:16	6	3:59	6	3:59	0.55	13:21	24:16	6	3:59	6	3:59
Rad netto	20.00	46:48	2:20	4	9:19	4	9:19	20.55	1:00:09	2:55	5	12:33	5	12:33
Lauf	5.00	25:43	5:08	3	5:18	3	5:18	25.55	1:25:52	3:21	4	17:51	4	17:51