



Detailed evaluation

Fronek, Nils

Total time: 51:13

Number: 404

Course: 12.85 km

Rank in course/Total: 3 (of 6)

Chari Tria Youth 2 (0,35-10,0-2,5)

Rank in course/Men: 3 (of 6)

Best time in course: 42:00

Category:

Rank in category: 2(of 4)

Jugend B (14-15 J.)

Best time in the category: 42:02

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.35	7:20	20:57	3	2:10	5	2:10	0.35	7:20	20:57	3	2:10	5	2:10
Wechsel S -> R	-	2:00	-	2	0:29	3	0:32	0.35	9:20	26:40	3	2:39	5	2:39
Schwimmen Total	0.35	9:20	26:40	3	2:39	5	2:39	0.35	9:20	26:40	3	2:39	5	2:39
Rad netto	10.00	25:15	2:31	2	3:43	4	3:44	10.35	34:35	3:20	2	6:22	4	6:22
Wechsel R -> L	-	0:44	-	1	-	1	-	10.35	35:19	3:24	2	6:07	4	6:07
Rad Total	10.00	25:59	2:35	2	3:28	4	3:31	10.35	35:19	3:24	2	6:07	4	6:07
Lauf	2.50	15:54	6:21	2	3:04	3	3:06	12.85	51:13	3:59	2	9:11	3	9:13