



Detailed evaluation

Lofink, Barbara

Total time: 3:09:56

Number: 42

Course: 49.25 km

Rank in course/Total: 46 (of 46)

Chari Tria Olymp (1,25-38.0-10,0)

Rank in course/Women: 10 (of 10)

Best time in course: 2:08:17

Category:

Rank in category: 2(of 2)

Seniorinnen 4 WK55

Best time in the category: 2:49:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	1.25	28:33	22:50	1	-	7	8:25	1.25	28:33	22:50	1	-	11	8:25
Wechsel S -> R	-	4:30	-	2	1:09	10	2:55	1.25	33:03	26:26	1	-	11	11:20
Schwimmen Total	1.25	33:03	26:26	1	-	11	11:20	1.25	33:03	26:26	1	-	11	11:20
Rad netto	38.00	1:27:08	2:17	2	11:17	10	25:47	39.25	2:00:11	3:03	2	5:23	11	33:41
Wechsel R -> L	-	2:23	-	2	0:38	10	1:25	39.25	2:02:34	3:07	2	6:01	11	35:05
Rad Total	38.00	1:29:31	2:21	2	11:55	10	27:11	39.25	2:02:34	3:07	2	6:01	11	35:05
Lauf	10.00	1:07:22	6:44	2	14:03	10	26:34	49.25	3:09:56	3:51	2	20:04	10	1:01:39