



Detailed evaluation

Grenz, Matthias

Total time: 1:07:03

Number: 229

Course: 25.55 km

Rank in course/Total: 9 (of 84)

Chari Tria (0,55-20,0-5,0)

Rank in course/Men: 8 (of 62)

Best time in course: 58:18

Category:

Rank in category: 2(of 11)

Männer AK2

Best time in the category: 1:04:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.55	13:55	25:18	11	5:27	54	6:22	0.55	13:55	25:18	11	5:27	63	6:22
Wechsel S -> R	-	3:50	-	10	2:36	56	2:42	0.55	17:45	32:16	10	7:43	62	8:52
Schwimmen Total	0.55	17:45	32:16	10	7:43	62	8:52	0.55	17:45	32:16	10	7:43	62	8:52
Rad netto	20.00	21:20	1:03	1	-	1	-	20.55	39:05	1:54	1	-	1	-
Wechsel R -> L	-	2:58	-	9	2:18	59	2:18	20.55	42:03	2:02	1	-	61	1:23
Rad Total	20.00	24:18	1:12	1	-	1	-	20.55	42:03	2:02	1	-	61	1:23
Lauf	5.00	25:00	5:00	5	4:43	32	7:22	25.55	1:07:03	2:37	2	2:49	8	8:45